

SUMMER 2012
WEEK

10

July 30- Aug. 3

Irving Recreation Center Day Camp Newsletter

Important Reminders

Our camp rules are:

- Be safe
- Be respectful
- Be responsible

Pack a sack lunch for your child in an insulated container. Microwave use will not be an option.

Wear tennis shoes to camp. Sandals and flip-flops are not safe options for camp activities.

Leave valuables at home (including money, cell phones, portable video games, etc.)

Label sunscreen and water bottles with your camper's name.

Do not hesitate to ask when you have questions or comments.

Contact Us

402-441-7954

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Grades K-2

PLAY DAY

Parks and Rec. PLAY DAY is this week! PLAY DAY is a fun tradition that started in 1995 and brings together children from around the city for a fun day of competition. PLAY DAY is a great opportunity for Irving campers to show off their good character and great sportsmanship. Parents are more than welcome to meet us at Woods Park for some or all of the festivities. More details can be found in this week's newsletter.

THIS WEEK'S HIGHLIGHTS

Monday

In the morning we will be doing fitness activities. From 11:30-1:00 we will go swimming at Irvingdale Pool. Please bring your swimsuit, towel, and sunscreen. In the afternoon we will be doing centers.

Tuesday

In the morning we will be playing active and inactive games. This week we'll have two groups for tennis lessons; one from 10:30-11:15 and one from 11:15-12:00 pm. In the afternoon we'll be having clubs and fitness activities.

Wednesday

We'll leave at 9:30 a.m. to go to Woods Park to participate in the Lincoln Parks and Rec. citywide Play Day. We will swim at the Woods Pool and compete in the Mancala, Box Hockey, and Tennis tournaments until lunch at 11:30. Play Day events will start at 12:30 and will end at approximately 2:30. Parents are welcome to come watch their child compete. We will be found outside the entrance to the Pool.

Thursday

In the morning at 9:30 we'll be leaving for our field trip to the Pioneer Park Nature Center. We'll arrive back at the center about 11:30 am. In the afternoon we'll play active games and centers.

Friday

In the morning we'll be doing a character lesson and a club. From 10:00-11:00 we'll have tennis lessons. In the afternoon we'll be walking to the library and playing inactive games. Please send your camper with a library card if possible.

Fitness Focus: Muscular Endurance

-Alexa, K-2 Camp Director

